



The Prout School

Cafeteria Menu for February 2010

Mon	Tue	Wed	Thu	Fri
1 Breakfast items Available at 7:15am Healthy Choice Menu Available Daily	2 General Tso Chicken Shaved Steak & Cheese Grinder	3 Taco Day Crispy Chicken Garden Salad	4 Chicken Parmesan Chef Salad	5 Mac & Cheese Hot Italian Grinder
8 Soup & Grilled Cheese Hot Pastrami Grinder	9 Hot Dog w/ side of Mac & Cheese Turkey Club Wrap	10 Taco Day Chicken Caesar Salad	11 EARLY DISMISSAL @ 11:30am	12 Mac & Cheese Barbed Wire Chicken
15 WINTER VACATION	16 WINTER VACATION	17 WINTER VACATION	18 WINTER VACATION	19 WINTER VACATION
22 Soup & Mini Sandwich Meatballs & Pasta	23 General Tso Chicken Chef Salad	24 Taco Day Hot Italian Grinder	25 Chicken Parmesan Chicken Salad Wrap or an a Garden Salad	26 Mac & Cheese Shaved Steak & Cheese

MEAL CARDS ARE AVAILABLE ONLINE

www.theproutschool.org

Any questions please contact Dan O'Dowd at dod2@cox.net